

## WHAT IS CARDIAC MONITORING? WHY DO I NEED TO HAVE THIS TEST?

Often, an EKG done in a doctor's office provides incomplete or insufficient information. A cardiac event monitor is a convenient, portable device, roughly the size of a pager or cell phone. It can be worn for up to 30 days (your doctor will determine the length of time for your testing). This small piece of equipment is capable of recording and transmitting any irregularities in your heart rhythms as you go about your daily activities.

While you are wearing it, the monitor will be sending information about your heart directly to TLC's advanced monitoring facility. TLC Diagnostics is staffed round the clock, 365 days a year, by professionals certified in the reading of these transmissions.

At the end of the testing period, a report will be sent directly to your doctor, describing in detail all of the information collected by the monitor. This valuable information will help your doctor make informed decisions about your treatment.

You have the opportunity to be a partner in your own healthcare, and we encourage you to do so. Ask questions. Be involved. Your health matters.

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### THE FOLLOWING SYMPTOMS MAY INDICATE A NEED FOR CARDIAC MONITORING:

- Episodes of feeling faint or blacking out
- Panic Attacks – an anxiety disorder with physical symptoms such as trembling and hyperventilation
- Racing heartbeats – also known as atrial fib or atrial flutter
- Dizziness or loss of balance
- Premature beats
- Shortness of breath
- Palpitations – an unusual beat of the heart with a similar sensation to that of a "flutter"



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## Your Guide to Cardiac Monitoring

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## GETTING STARTED WITH TLC

Your doctor has prescribed a cardiac event monitor for you, and it will provide your doctor with supplemental information necessary for your treatment. We are delighted to be a part of your ongoing efforts to improve your health and well being. TLC has always been at the forefront of new developments in service and technology. Our certified, experienced technicians provide exceptional care, professional knowledge and most importantly, the personal touch doctors have come to expect from us.

You have the opportunity to be a partner in your own healthcare, and we encourage you to do so. Ask questions. Be involved. We agree with our doctors and believe all patients should be informed, curious and concerned. We'll gladly answer any questions you may have.

## WHY DID MY DOCTOR CHOOSE TLC?

TLC Diagnostics has vast clinical experience in cardiac event monitoring along with an exemplary personal service record. You'll find that the monitor chosen for you is easy to use (our technicians will explain everything!) reliable and discreet. Our state of the art monitoring facility is staffed 24/7 by highly qualified professionals. Whatever your situation, wherever you are, you're never alone. We're always open. We're always here.

We're available for appointments in your doctor's office or in the comfort of your own home, whichever is more convenient for you. Once your monitor is hooked up and running properly, you may go about your daily activities as usual. Our technician will explain how to transmit your information to us, where it will be analyzed and sent directly to your doctor.

Our experienced and knowledgeable technical staff provides exceptional care, peace of mind and round the clock monitoring for all of your diagnostic needs.

## HOW TLC'S CARDIAC EVENT MONITORING SERVICE WORKS

"IMPROVING YOUR HEALTH IS AS EASY AS 1-2-3"

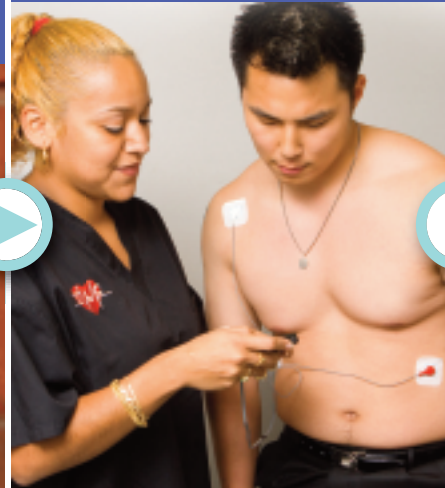
# 1.

Your doctor has prescribed a cardiac event monitor for you, and our TLC technician arrives to set up your test.



# 2.

Your TLC technician attaches the monitor and checks to make sure it is operating properly.



# 3.

Remember, our advanced monitoring service is staffed 24/7. We're always here, just a phone call away. In the event of an emergency, we'll immediately contact your doctor. This is the TLC difference.



**Convenience**—TLC technicians will see you at your doctor's office or in the convenience of your own home.

**Confidence**—You'll have the confidence of knowing that each person representing TLC is certified, experienced and professional.

**Caring**—Our people are very special. You'll notice the concern and caring from the first "hello". We wouldn't have it any other way.

This is a great time to ask questions. Most patients are curious about this kind of technology and want to know more about it. Our people are friendly and knowledgeable and will gladly answer your questions.

You've done something truly important by becoming a pro-active patient. Don't stop now.

When the testing period is over, your doctor will have valuable information about the high's and low's of your sugar levels.

Be an involved patient. Ask your doctor what else you can do to improve your health.